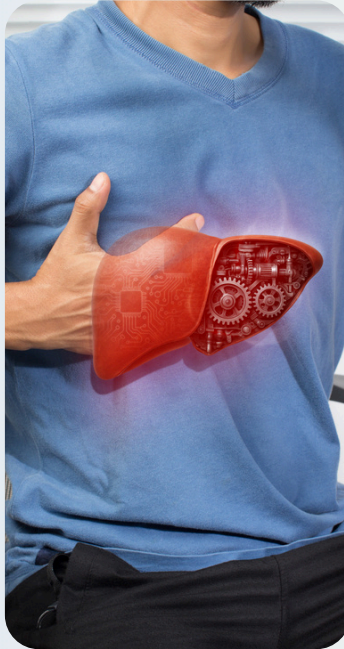
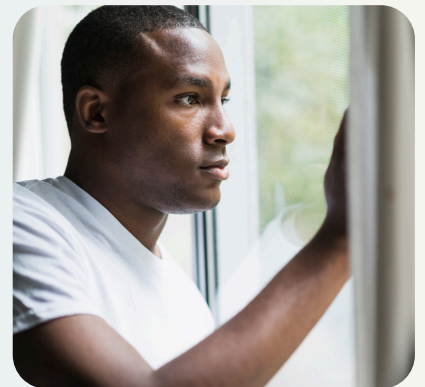


Alcohol affects more than you might think.



Poor sleep, low mood, high blood pressure, liver strain. If alcohol is playing a bigger role in your life than you'd like, a GP can help - without judgement.



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